

# Guide For Identifying Risk Factors

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## IN THE CLASSROOM

- Academically unprepared
- Low attentiveness and commitment to classroom expectations
- Poor academic performance
- Portraying academic dishonesty
- Lack of preparation and collaboration within classroom
- Lack of classroom integration and engagement
- Lack of awareness of subject matter

## PHYSICAL HEALTH

- Presenting drastic changes
- Presenting signs of illness or physical ailments
- Changes in behavioral responses and reactions
- Aware of, or speculation of substance use and abuse

## MOTIVATION/SOCIAL

- Low levels of self-efficacy
- Presenting behaviors of social withdrawal, resistance, and/or isolation
- Inability to retain information, presenting signs of confusion
- Aware of relationship problems (family, friends, partners, etc.)
- Lack of institutional fit and involvement, acclimation to college life
- Experiencing difficulties and conflicts with cultural peer social interactions

## MENTAL HEALTH CONDITION (AWARE OF OR SPECULATION)

- Presenting signs of depression, anxiety, extreme stress
- Displaying signs of neurological or cognitive disorders or distractions (inability to cope effectively, displaying helplessness, appearing overwhelmed, loss of control)